

Rope & Challenge Course Assumption of Risk Form

Mt. Morris Camp and Conference Center assumption of risk registration form

All participants must sign parts 1, 2 and 3.

Part 1

I am aware in signing this document for participation in the Ropes and Challenge Course, that certain elements of the program can be physically and emotionally demanding. I understand that although the professional staff will make every reasonable effort to minimize exposure to known risks, not all dangers and hazards can be foreseen (i.e. cuts, scrapes, bruises, fractures, debilitating injuries, fatalities, etc.). Furthermore, I am aware that certain risks and dangers exist in these activities that are beyond the control of the sponsoring agency and it's staff. I understand that Mt. Morris Camp and Conference Center has the right to deny participation and that it is my responsibility as a participant to follow the safety standards, guidelines, and procedures established by the staff/instructors. If I do not understand specific instructions from the staff/instructor at any time I realize it is my responsibility to ask for clarity and/or assistance.

In signing this document, I authorize the leader of the activities to secure such medical advice and services as deemed necessary from any health and safety----- and agree to accept financial responsibility:

- Where my health and well-being is involved
- Where medical advice has been such that further services are required
- Where all reasonable attempts to contact family have failed or where the nature of the emergency does not allow time to make contacts
- Where the benefits of my provincial health insurance plan have been exhausted and additional loss of income and/or medical expenses are incurred.

I understand and assume all dangers and risks associated with this course and waive all claims against Mt. Morris Camp and Conference Center staff and assigns, it's officers, shareholders, employees, volunteers, agents and their heirs, executors and assigns, for any incidents that should occur due to my voluntary participation in this experience. Furthermore, I give my consent to the instructors or other medical personnel to treat me in a medical situation. My signature on this document is also intended to bind my successors, heirs, representatives, administrators and assigns.

Participant's Signature _____ Date _____

Parent's Signature _____ Date _____

(If participant is under 18)

Part 2

Mt. Morris Camp and Conference Center - MEDICAL DISCLOSURE/HEALTH FORM

We require that this form be filled out in full.

Name: _____

Address: _____

Phone: _____

Age: _____

In case of emergency please notify:

Name: _____

Phone: _____

Relationship: _____

Physician Name: _____

Physician Phone: _____

Medical Policy and Number: _____

1. Do you smoke? Number of packs per day _____ YES NO

2. Do you wear glasses or contacts: YES NO

3. Are you currently under a physicians care?

If yes please explain: _____ YES NO

4. Are you currently taking medication?

If yes please explain: _____ YES NO

5. Do you have any allergies?

If yes please explain: _____ YES NO

6. Do you require special assistance of any type?

If yes please explain: _____ YES NO

7. Have you had a recent injury, illness, or operation?

If yes please explain: _____ YES NO

8. Do you have diabetes, seizures, or frequent fainting/dizziness?

If yes please explain: _____ YES NO

9. Do you have neck, back or shoulder pain or injury:

Please explain: _____ YES NO

10. Does your weight present health problems or limit physical activities?

Please explain: _____ YES NO

11. Do you have a history of heart problems or high blood pressure?

Please explain: _____ YES NO

Participant's Signature: _____ Date: _____

Part 3

Health Form Disclosure - Ropes and Challenge Course

Participants with a history of heart problems and/or high blood pressure are at risk while participating on the Ropes and Challenge Course due to the emotional and physical demands involved. Whereas heart attacks and fatalities have occurred in situations where individuals with pre-existing heart/high blood pressure conditions have participated in Ropes and Challenge Course activities, Mt. Morris Camp and Conference Center cannot guarantee your physical safety should you choose to participate. Mt. Morris Camp and Conference Center asks that all participants answering YES to question #11 acquire a written approval from their physician prior to participation.

For General Information Regarding Pregnancy, *please note the following:*

The activities involve twisting, turning, lifting, supporting body weights, unexpected physical contact, potential falling from various heights, and waist harness usage. By participating in these activities while pregnant, you will put yourself and your unborn child at risk and in potentially dangerous situations. Should you decide to participate, Mt. Morris Camp and Conference Center cannot guarantee the safety of you or your unborn child. If you are pregnant and wish to participate, Mt. Morris Camp and Conference Center asks that you attain a physician's written approval.

I have read the Mt. Morris Camp and Conference Center Health Forms (Forms 2 and 3) and fully understand them without question. The information I provided is accurate to the best of my knowledge.

Participant's Signature _____ **Date** _____